

To All Foreign Nationals Who Are Facing Workplace Issues

Free of Charge



You can consult about workplace problems in multiple languages at a Labour Bureau or a Comprehensive Labor Consultation Corner.

Languages Available for Consultation

- 英語/English
- 中国語/中文
- 韓国語/한국어
- タイ語/ภาษาไทย
- ポルトガル語/Português
- スペイン語/Español
- ネパール語/नेपाली、
- タガログ語/Tagalog
- ベトナム語/Tiếng Việt
- インドネシア語/Bahasa Indonesia
- モンゴル語/Монгол хэл
- ミャンマー語/မြန်မာဘာသာ
- カンボジア語/ភាសាខ្មែរ

Consultation Examples

- I was suddenly asked by the CEO to quit my job.
- My request for vacation was not approved.
- I want to quit my job, but I am not allowed to.
- I am being ignored and/or yelled at by my colleagues.
- My working hours have been shortened and my income has decreased.



Please come to the counter if you would like to have a consultation.

The consultation over the phone will be conducted only in Japanese.

ちか ろうどうきょく そうごうろうどうそうだん かくにん
お近くの労働局・総合労働相談コーナーはこちからご確認ください。
Please check here for a Labour Bureau or a Comprehensive Labor Consultation Corner near you.

Labour Bureaus	Address	Labour Bureaus	Address
Hokkaido	9F First Sapporo Joint Government Office, 2-1-1 Kita Hachijo Nishi, Kita-ku, Sapporo-shi	Tokyo	14F Third Kudan Joint Government Office, 1-2-1 Kudanminami, Chiyoda-ku
Aomori	8F Aomori Joint Government Office, 2-4-25 Shinmachi, Aomori-shi	Kanagawa	13F Second Yokohama Joint Government Office, 5-57 Kitanakadori, Naka-ku, Yokohama-shi
Iwate	5F Second Morioka Joint Government Office, 1-9-15 Moriokaekinishitorii, Morioka-shi	Niigata	4F Niigata Misaki Joint Government Office, Bldg. No. 2, 1-2-1 Misakicho, Chuo-ku, Niigata-shi
Miyagi	8F Fourth Sendai Joint Government Office, 1 Teppoumachi, Miyagino-ku, Sendai-shi	Toyama	4F Toyama Labor General Government Office, 1-5-5 Jinzuhonmachi, Toyama-shi
Akita	4F Akita Joint Government Office, 7-1-3 Sannou, Akita-shi	Ishikawa	6F Kanazawa Station West Joint Government Office, 3-4-1 Sainen, Kanazawa-shi
Yamagata	3F Yamako Bldg., 3-2-1 Kasumicho, Yamagata-shi	Fukui	9F Fukui Haruyama Joint Government Office, 1-1-54 Haruyama, Fukui-shi
Fukushima	4F Fukushima Joint Government Office, Bldg. No. 2, 5-46 Hanazonocho, Fukushima-shi	Yamanashi	4F 1-1-11 Marunouchi, Kofu-shi
Ibaraki	6F Ibaraki Labor General Government Office, 1-8-31 Miyamachi, Mito-shi	Nagano	4F Nagano Labor General Government Office, 1-22-1 Nakagoshio, Nagano-shi
Tochigi	3F Second Utsunomiya Local Joint Government Office, 1-4 Akebonocho, Utsunomiya-shi	Gifu	4F Gifu Joint Government Office, 5-13 Kinryucho, Gifu-shi
Gunma	8F Maebashi Local Joint Government Office, 2-3-1 Otemachi, Maebashi-shi	Shizuoka	5F Shizuoka Local Joint Government Office, 9-50 Outemachi, Aoi-ku, Shizuoka-shi
Saitama	16F Land Axis Tower, 11-2 Shintoshin, Chuo-ku, Saitama-shi	Aichi	8F Nagoya Joint Government Office, Bldg. No. 1, 2-2-1 Sannomaru, Naka-ku, Nagoya-shi
Chiba	Second Chiba Local Joint Government Office, 4-11-1 Chuo, Chuo-ku, Chiba-shi	Mie	2F Second Tsu Local Joint Government Office, 327-2 Shimazakicho, Tsu-shi
Shiga	4F Shiga Labor General Government Office, 14-5 Uchidehama, Otsu-shi	Kagawa	2F Takamatsu Sunport Joint Government Office (North Annex), 3-33 Sunport, Takamatsu-shi
Kyoto	451 Ryougaemachido-ri Oikeagaru Kinbukicho, Nakagyo-ku, Kyoto-shi	Ehime	6F Matsuyama Wakakusa Joint Government Office, 4-3 Wakakusacho, Matsuyama-shi
Osaka	8F Osaka Joint Government Office, Bldg. No. 2, 4-1-67 Otemae, Chuo-ku, Osaka-shi	Kochi	4F Labor General Government Office, 1-39 Minamikanada, Kochi-shi
Hyogo	15F Kobe Crystal Tower, 1-1-3 Higashikawasaki-cho, Chuo-ku, Kobe-shi	Fukuoka	4F Fukuoka Joint Government Office (New Annex), 2-11-1 Hakataekihigashi, Hakata-ku, Fukuoka-shi
Nara	2F Third Nara Local Joint Government Office, 387 Hourencho, Nara-shi	Saga	3F Second Saga Joint Government Office, 3-3-20 Ekimaechuo, Saga-shi
Wakayama	4F Wakayama Labor General Government Office, 2-3-3 Kuroda, Wakayama-shi	Nagasaki	Nagasaki TBM Nagasaki Bldg., 7-1 Manzaimachi, Nagasaki-shi
Tottori	2-89-9 Tomiyasu, Tottori-shi	Kumamoto	9F Kumamoto Local Joint Government Office, Bldg. A, 2-10-1 Kasuga, Kumamoto-shi

Shimane	5F Matsue Local Joint Government Office, 134-10 Mukoujimacho,	Oita	3F Oita Second Sofia Plaza Bldg., 17-20 Higashikasugamachi, Oita-shi
Okayama	3F Second Okayama Joint Government Office, 1-4-1 Shimoishii, Kita-ku, Okayama-shi	Miyazaki	4F Miyazaki Joint Government Office, 3-1-22 Tachibanado-ri Higashi, Miyazaki-shi
Hiroshima	5F Hiroshima Joint Government Office, Bldg. No. 2, 6-30 Kamihacchobori, Naka-ku, Hiroshima-shi	Kagoshima	2F Kagoshima Joint Government Office, 13-21 Yamashitacho, Kagoshima-shi
Tokushima	4F Tokushima Local Joint Government Office, 6-6 Jyounai,		

Hours: 08:30-17:15 (closed on Saturdays, Sundays, national holidays, end of year and New Year's holiday)